

Allen County 4-H Youth Development Newsletter

June / July 2025 Newsletter

Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

**Allen County
Cooperative Extension Service**
200 East Main Street
Scottsville, KY 42164
Phone: (270) 237-3146
Fax: (270) 237-5716
Web: <https://allen.ca.uky.edu/>

Monday—Friday
8:00 a.m.—4:30 p.m.
(With the exception of Holidays)

Message from 4-H Agent Anna:

SHARE THIS NEWSLETTER WITH THE ENTIRE FAMILY!!!

Hello 4-H Families!

Even though our schedule looks a little different in the summer, 4-H is still going strong and super busy!

Make sure to check out these summer activities:

- Overnight Camps & Conferences
- 4-H Workshops
- 4-H Project Showcase
- SO MUCH MORE!!!



Anna Meador

Anna Meador

4-H Youth Development Agent

If you haven't yet, start collecting your projects and planning for 4-H Project Showcase. This is **OPEN TO ALL MEMBERS!**

When members submit their 4-H items, they get recognition through ribbons, money and the chance to advance to the KY State Fair. These items can either come from items made in clubs, workshops or even made at home.

Check out the Fairbook on our website OR request a full printed hard-copy form the Extension Office. Submissions due either: 7/14 from 1:00 - 5:30 PM OR 7/15 from 8:00 - 1:00 PM. Call 270-237-3146 for more info!



This issue:

- Summer Schedule
- Shooting Sports Schedule
- Requesting 25-26 Leaders
- Terrarium Workshop
- Jam Canning Workshop
- Chicken BBQ Workshop
- Baking Workshop
- Country Ham Dates
- Area Tractor Driving
- Farm to Fork Date
- Save the Dates
- 4-H Project Showcase
- Livestock/Dairy/Poultry Shows
- 4-H Showcase Fairbook
- 4-H Summer Camp & Orientation
- State Fair Schedule
- Super Star Chef
- Cloverbud Day Camp
- Member Spotlight
- June & July Calendars
- Chicken Burger Recipe



Follow us at:
Allen County 4-H
Youth Development

Keep updated with Allen County 4-H announcements throughout the month. Text the number, 81010, entering the following message: @d982c. This will allow you to stay current with all announcements and reminders about club meetings, activities, opportunities and more!



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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4-H NEWSLETTER
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ALLEN COUNTY 4-H CLUBS



Many of our Clubs take a break for Summer, but don't fret... there's more 4-H Fun with our...

- Workshops
- Summer Camps
- Day Camps



Clubs Meeting through Summer: Shooting Sports Club

The remainder of our clubs will return in October...



2025 SHOOTING SPORTS CLUB

4-H Shooting Sports Program
Archery, Rifle & Shotgun Disciplines

INTRO LESSONS:
at Ext. Office - Basement Rm @ 5:30 PM

- March 11th - Intro for New Members
- March 15th - ALL Members

RANGE DAYS: at Pardue Farms -
All Practices @ 9:30 - 11:00 AM

- March 29th
- April 5th
- April 19th
- May 10th
- May 31st
- June 21st
- July 19th
- August 2nd
- August 16th
- August 30th

SHOOTING SPORTS CONTESTS:

- June 7th - Warren County Shoot
- September 13th & 14th - State Shoot

For more information call the Extension Office
270-237-3146

Seeking

4-H Club Leaders & Workshop Leaders for Fall 2025 - Spring 2026

**DO YOU HAVE A PASSION FOR
SERVICE, TEACHING OR MENTORING
YOUTH???**

**CONSIDERING A SHORT TERM COMMITMENT:
4-H WORKSHOP LEADER OR ASSISTANT
(1 TIME AND/OR LIMITED HOURS)**

**CONSIDERING A LONG TERM COMMITMENT:
4-H CLUB LEADER OR ASSISTANT
(2 HR. MONTHLY CLUB MEETINGS X8)**

CONTACT AGENT ANNA FOR MORE INFO @
ANNA.MEADOR1@UKY.EDU
270-237-3147



ALLEN COUNTY

4-H WORKSHOPS



 Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

4-H Horticulture Workshop: Herb Window Box Planters

Wednesday, June 4th

@ 3:30-5:00 PM

Extension Office, Large Room

*Thank you for
Sponsoring!!!
The Community Foundation
of Southern Kentucky*



- Cost: 10.00
- Ages: 9-18
- Spots Limited to 20!!!
- Call 270-237-3146 by 6/2 to RSVP!



 Martin-Gatton
College of Agriculture,
Food and Environment



CANNING WORKSHOP: STRAWBERRY JAM

THURSDAY, JUNE 5TH

@ 9:00 - 10:30 AM

LARGE ROOM, EXTENSION OFFICE

- Ages: 9-18
- Cost: \$5.00
- Rsvp: call 270-237-3146 by 6/4
- Spots are limited to 12

*Thank you for
Sponsoring!!!
The Community Foundation
of Southern Kentucky*



 Martin-Gatton
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University of Kentucky



4-H WORKSHOP: GRILLING BBQ CHICKEN

June 18th @ 9:00 AM to 12:00 PM

LOCATION: EXTENSION OFFICE

PARKING LOT

COST: \$5.00

AGES: 9-18

LIMITED TO 18 SPOTS!!!!

RSVP BY 6/11

CALL 270-237-3146 TO RSVP!!

*Thank you for
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FAIR PROJECT

Baking

4-H Workshop & Baked-Goods Fair Submissions

July 14th @ 2-5:30 PM

- Ages: 5-18, limited to 1st 16
- Cost: \$5.00
- Call 270-237-3146 to Register by 7/9
- Extension Office - Large Meeting Rm
- Youth will prepare baked good items to leave & submit into fair.



**Bake & Submit to
Showcase:**

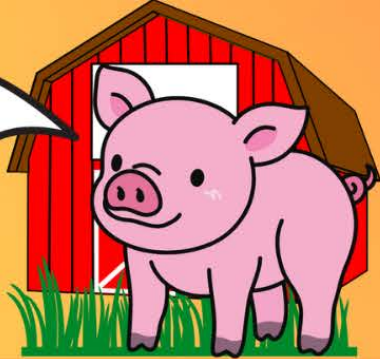
- Scones (3+)
- Oatmeal Muffins (3+)



*Thank you for
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The Community Foundation
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2025 Country Ham Project Group Dates



• Session #1:

Sat. March 29th @ 8 AM - 9:30 AM @ Clifty Farms

• Session #2:

Sat. June 14th @ 8 AM - 9:30 AM @ Clifty Farms

• Session #3:

Sat. July 19th @ 8:00 AM - 9:30 AM @ Clifty Farms

• State Fair Country Ham Contest:

Thurs. Aug. 14th (All Day Event)

• Other Learning Opportunity Dates to come!!!

• Clifty Farms Address:

487 Maysville Rd, Scottsville, KY 42164

- **Requirements:** Youth must attend 2 of 3 sessions & present a Country Ham Speech at State Fair to keep their hams.



Compete with your finished Ham & Speech at State Fair



AREA 4-H TRACTOR DRIVING

Metcalfe County Fairgrounds
101 Fairgrounds St, Edmonton, KY 42129

5

**JUNE 2025
REGISTRATION
8:30 AM**



MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

ALLEN COUNTY

FARM to Fork 2025 Event

RIVER BEND BLOOMS

AUGUST 22, 2025

DINNER IN THE DAHLIA'S

1781 Riverbend Rd, Scottsville, KY 42164 - Meal at 6:00 PM, Presentation at 7:10 PM

FARM TO FORK - AGRICULTURE APPRECIATION EVENT



NEEDED!!!

4-H Youth & Adult Volunteers

RSVP with Extension Office to sign up to be a server - proceeds support Allen Co. 4-H

SAVE-THE-DATES

- 6/3-6/4: Area Horse Show
- 6/9-6/13: Teen Conference
- 6/20-6/22: Cloverbud Camp
- 6/30-7/3: 4-H Camp
- 7/14-18: 4-H Project Showcase
- 7/15: Dairy, Poultry & Livestock Shows (Sheep, Goat, Pig, Beef)
- 8/14: State Fair Begins
- 9/1: 4-H Registration Begins for 2025-2026 Program Year!
- 9/5: 4-H Picnic & Teen Camp
- 9/18 - 9/21: SRTLTC Conference
- 10/21: County 4-H Banquet
- 11/20 - 11/22: ISSUES Conference



ALLEN COUNTY 4-H Project SHOWCASE



JULY 14th - 18th

SUBMISSION DATES:

- MONDAY JULY 14TH FROM:
1:00 - 5:30 PM @ EXT. OFFICE

OR

- TUESDAY JULY 15TH FROM:
8:00 AM - 1:00 PM @ EXT. OFFICE

DID YOU KNOW???

PROJECT SUBMISSIONS MAY BE MADE AT HOME OR MAY COME FROM 4-H PROJECT WORK MADE IN 4-H WORKSHOPS OR CLUBS.

LIKELY YOU HAVE SOMETHING YOU CAN SUBMIT AND YOU MAKE MONEY FOR EACH SUBMISSION!!!

**SUBMISSIONS
WELCOME FROM
ALL 4-H MEMBERS!!!**



**Calling ALL 4-Her's with:
Registered Livestock
Breeding Dairy Cattle
Poultry**

Community is
welcome to watch
& support from
Fairgrounds
bleachers



2025

ALLEN COUNTY LIVESTOCK SHOWS



ALL ANIMAL SHOWS - JULY 15TH, 2025

Contact Allen
County Extension
Office @
270-237-3146 for
more info.

**Offering Dairy Cattle, Youth
Poultry, Market Sheep,
Market Swine, Market Goats
& Beef Cattle Shows**

Allen County Fair Grounds
750 Rediger Drive, Scottsville, KY 42164

TUESDAY, JULY 15TH

- Dairy Cattle Check-in @ 8 AM
- Dairy Cattle Show begins @ 9 AM
- Youth Poultry Show begins @ 3 PM
- Market Sheep & Goat Weigh-in @ 5:00 PM
- Market Sheep & Goat Show begins @ 5:30 PM
- Market Swine & Cattle Check-in @ 6:30 PM
- Market Swine Show begins @ 7:00 PM
- Beef Breeding Show begins @ 7:15 PM

***Species Show Order (Evening):
Market Lambs, Market Goats, Swine & Beef Cattle

*MARKET SHOWS OPEN TO YOUTH, BREEDING
SHOWS OPEN TO YOUTH/ADULT SHOWERS



ALLEN COUNTY 4-H Project SHOWCASE



4-H PROJECT CHECK-IN:

MONDAY, JULY 14, 2025
1:00 P.M. - 5:30 P.M.
AND TUESDAY, JULY 15TH, 2025
8:00 A.M. - 1:00 P.M.



PUBLIC PROJECT VIEWING:

THURSDAY, JULY 17, 2025
8:00 A.M. - 4:30 P.M.

AND FRIDAY, JULY 18TH, 2025
8:00 A.M. - 12:00 P.M.



4-H PROJECT CHECK-OUT:

FRIDAY, JULY 18TH, 2025
12:00 P.M. - 4:00 P.M.

4-H Members may have already created these through these 4-H activities:

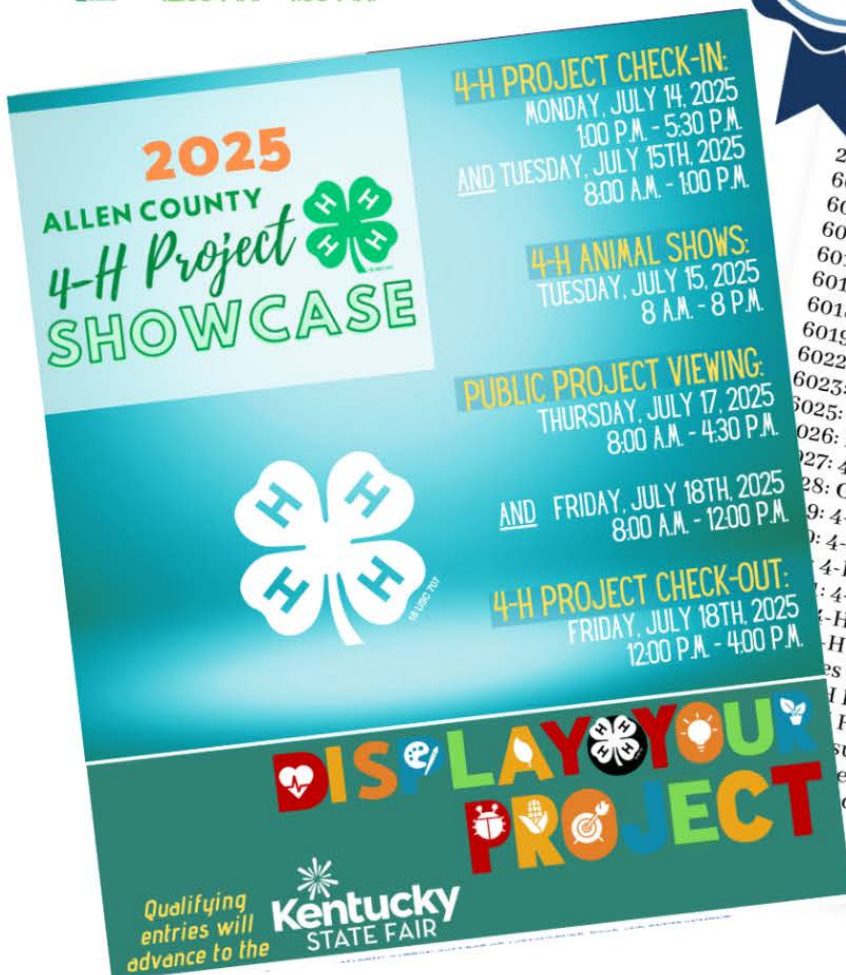
- Workshops
- Club Activities
- Create-at-Home

(Create these at home through At Home Learning!)

Why submit your 4-H Projects???

Not only do you get to show off your awesome talents for the community to see, but you also:

- Win ribbons based upon performance
- Receive premium money for your ALL your submissions.
- Compete to advance to State Fair Cloverville



ALLEN COUNTY 4-H Project SHOWCASE

| | |
|---|-------|
| 2101: 4-H Tobacco Exhibit | pg 1 |
| 6012.1: 4-H Dairy Judging Contest | pg 4 |
| 6013.1: 4-H Country Ham Project | pg 5 |
| 6014.1: Avian Bowl | pg 7 |
| 6015: 4-H Horticulture & Plant Science | pg 8 |
| 6016: State Horticulture Contest | pg 10 |
| 6018: 4-H Crops Project | pg 11 |
| 6019: 4-H Land Judging and Home Site Evaluation | pg 14 |
| 6022: 4-H Tractor Operators Contest | pg 17 |
| 6023: 4-H Lawn Tractor Operators Contest | pg 18 |
| 6025: 4-H Wood Science | pg 19 |
| 6026: Ecology, Natural Resources | pg 20 |
| 6027: 4-H Forestry | pg 24 |
| 6028: Geology | pg 25 |
| 6029: 4-H Arts | pg 28 |
| 6030: 4-H Photography | pg 35 |
| 6031: 4-H Sewing | pg 39 |
| 6032: 4-H Sewing Skillathon | pg 44 |
| 6033: 4-H Needlework Department | pg 52 |
| 6034: 4-H Food Exhibits | pg 54 |
| 6035: 4-H Food Preservation | pg 78 |
| 6036: 4-H Food Division | pg 81 |
| 6037: 4-H Home Environment | pg 87 |
| 6038: 4-H Consumer & Financial Education | pg 90 |
| 6039: 4-H Leadership & Communications Project | pg 92 |
| 6040: 4-H Lucky 4-H Trends | |



Check out our 4-H Fairbook Online at:

<https://allen.ca.uky.edu/4-h-project-fairbook>



| Date | Major Program Day | Detail Schedule | All Events are Eastern Standard Time | |
|----------------------|--|--|--|--|
| Thursday, August 14 | Opening Day Country Ham Day | 6:30 am 8:00 am 9:00 am 10 am 10 am 10:30 am 1 pm | Commodity Breakfast/ 4-H Ham Auction 4-H Country Ham Judging – Registration Poultry Showmanship Check-in 4-H Country Ham Judging/ Speeches 4-H Issues Conference Impact Grant Recipients 4-H Group Service Project 4-H Poultry Showmanship | Commodity South Wing Pavilion South Wing Cloverville Pavilion |
| | | 1:00 pm 4:00 pm 5:30 pm 8 pm | 4-H Lifeskills Competition 4-H Civics Bee Country Ham Awards Cloverville Closed | Cloverville Cloverville 2 nd Flr. SW Cloverville Closed |
| Friday, August 15 | Avian Bowl | 7 am 7:30 am 8:30 am 8:30 am 9:30 am 11:00 am 11:00 am 12:00 pm 12:30 pm 9 pm | 4-H Foundation Breakfast (Invitation Only) Poultry Judging Contest Check-in Poultry Judging Contest Land Judging Contest Rabbit Show Check-in Rabbit Show Avian Bowl Check-in Poultry Judging Awards Avian Bowl Avian Bowl Awards (<i>Immediately follow Avian Bowl</i>) Land Judging Awards (<i>Immediately follow Avian Bowl awards</i>) Cloverville Closed | Cloverville West Wing West Wing TBA- Offsite Rabbit Pav. Rabbit Pav. Cloverville Cloverville Cloverville Cloverville Cloverville Cloverville Closed |
| Saturday, August 16 | 4-H Camp Day | 10 am 9 pm | 4-H Camp Showcase Cloverville Closed | Cloverville Cloverville |
| Sunday, August 17 | Fashion Review | 10 am – 4 pm 8 pm | Junior 4-H Fashion Revue Cloverville Closed | Cloverville |
| Monday, August 18 | | 9:30 am 10 am 1 pm 1 pm 8 pm | Horticulture Contest Check-in Horticulture Contest Lawn Tractor Contest Horticulture Contest Awards Cloverville Closed | Cloverville South Wing TBA Cloverville |
| Tuesday, August 19 | FCS Culinary Challenge Showcase Mini farm day | 10 am 10 am 1 pm 8 pm | FCS Culinary Challenge Showcase Barren/ Monroe Co. Mini Farmers 4-H Tractor Driving Contest Cloverville Closed | Cloverville Cloverville TBA |
| Wednesday, August 20 | SET Day | 9 am 10 am 10 am 8 pm | Sunshine Livestock Classes SET Showcase West 1 and West 2 Showcase Cloverville closed | Broadbent Cloverville |
| Thursday, August 21 | Communications & Global Expressive Arts | 7 am 10 am – 6 pm 10 am – 6 pm 6 pm 8 pm | Farm Bureau Ham Breakfast (Tickets only) Communications and Expressive Arts Showcase Global and Cultural Education Showcase Champion Drive Cloverville Closed | South wing Cloverville Cloverville Broadbent Cloverville |
| Friday, August 22 | Agriculture and Natural Resources Day | 10 am 9 pm | Agriculture and Natural Resources Showcase Cloverville Closed | Cloverville Cloverville |
| Saturday, August 23 | FCS Day | 10:30 am – 3:30 pm | FCS Skill-A-Thon | Cloverville |
| Sunday, August 24 | Closing Day | 6 pm | Cloverville Closed – Takedown Begins | Cloverville |

4-H FAMILIES
CAN ORDER
DISCOUNTED
STATE FAIR
TICKETS TO VISIT
THEIR 4-H
PROJECTS
FOR \$4 EACH,
FOR EACH 4-H
MEMBER + 1
PARENT.

**CALL OFFICE &
PAY BY 7/28.**
CALL 270-237-
3146

**FIND FULL 4-H
CLOVERVILLE
ENTRIES AT:**

[HTTPS://4-
H.CA.UKY.EDU/K
ENTUCKY-4-H-
STATE-FAIR-0](https://4-H.CA.UKY.EDU/KENTUCKY-4-H-STATE-FAIR-0)

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Martin-Gatton
College of Agriculture,
Food and Environment



USDA

Supplemental
Nutrition
Assistance
Program

This institution is an equal opportunity
provider. This material was partially
funded by USDA's Supplemental
Nutrition Assistance Program - SNAP.

SUPER STAR CHEF

Cooking School



Tues. July 29th AND
Wed. July 30th, 2025
9 AM - 12 PM
(Lunch Provided)

To enroll, attendance is required for both days!

Open to ages 9-18
Limited to 20

FREE

To RSVP call the Allen
County Extension Office
@ 270-237-3146

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
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University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification





CLOVERBUDS

5-8 YEAR OLDS!



CLOVERBUD ART CAMP

COST - \$10

JULY 9TH, 2025

Mini Sand Art

Ice Cream in a Bag

Hand Made Bracelets

Watercolor Art

9 AM - 12 PM

LED BY- PAISLEE HARPER

MUST PRE-REGISTER!



4-H SUMMER CAMP

2025

SUNDAY
6/29/25 -
THURSDAY
7/3/25

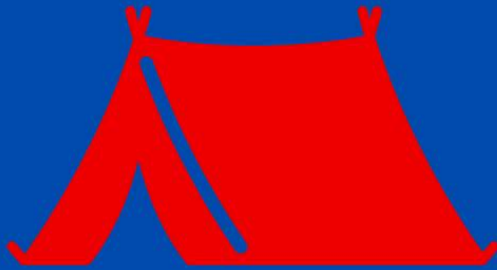


- **Open to Allen County Youth:** Ages 9-15, Teen Ages 16-17 and Adult Chaperones Ages 18+
- **To Register:** Return Camp Form & \$50 Deposit to Allen Co. Extension Office at 200 East Main St.
- **Payment Due:** by 5/31 to Extension Office
- **Fundraising Opportunity begins:** 4/15
- **For more Info:** Call (270) 237-3146 or Email: allen.ext@uky.edu
- We Camp with Allen, Simpson, Warren & Hardin Co.
- **Forms Available online at:** https://allen.ca.uky.edu/4h_forms

SPOTS LIMITED!!!

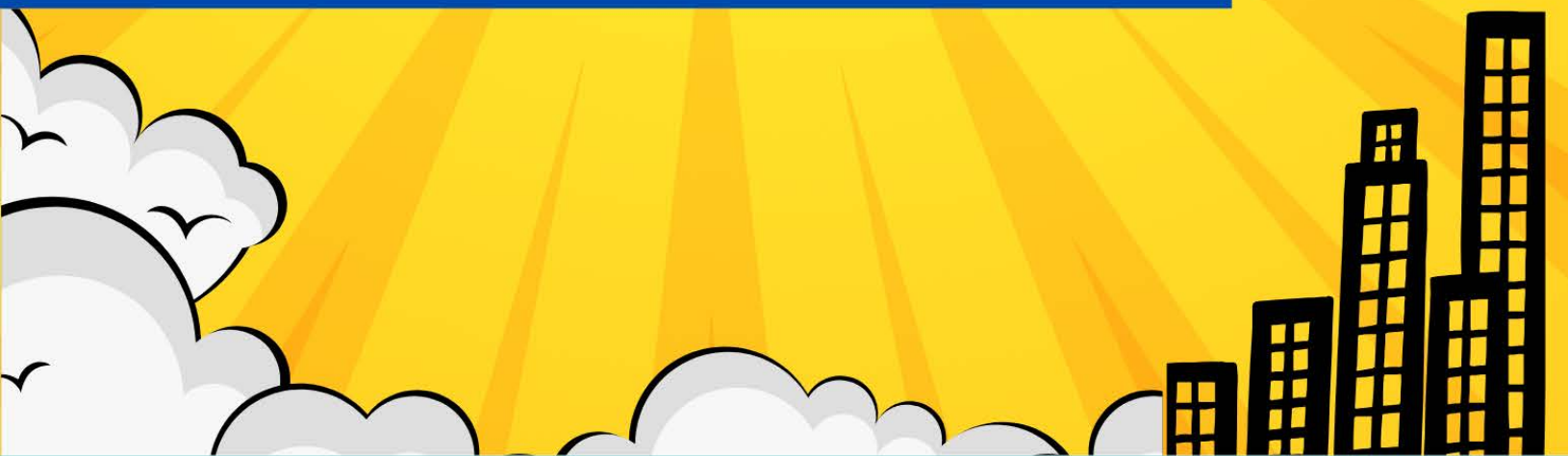
- **Camper Fee:** \$225
- **Sibling Rate:** \$20 Discount per additional camper
- **Teen Rate (Ages 16 & 17):** \$130
- **Adult Chaperones (Age 18+):** FREE





*4-H Summer Camp
Orientation on*

June 17th @ 6:30 - 8:00 PM





ALLEN COUNTY

4-H SPOTLIGHT



A Year of **4-H SERVICE**

*KY 4-H State Vice President -
Ty Jones*



JUNE












2025

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|-----|--|--|---|---|---|
| 1 | 2 | 3 | 4  Herb Window Boxes Workshop 3:30-5:00 PM | 5  Strawberry Jam Workshop 9-10:30 PM | 6 | 7 |
| 8 | 9 | 10  Teen Conference | 11 | 12 | 13 | 14 Country Ham Session 2 |
| 15 | 16 | 17  4-H Camp Orientation at 6:30 PM - Lrg Rm | 18  Grilling BBQ Chicken Workshop 9 AM - 12 PM | 19  Juneteenth - Office Closed | 20  Cloverbud Camp | 21 Shooting Sports Practice @ 9:30-11:00 AM |
| 22 Cloverbud Camp | 23 | 24 | 25 | 26 | 27 4-H Camp Lice Checks @ 3-6 PM | 28 |
| 29  4 - H Camp | 30 | | |  | | |

JULY



2025

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---|--|---|--|---|---|
| | | 1 4 - H Summer Camp | 2 | 3  | 4  4th of July - Office Closed | 5 |
| 6 | 7 | 8  4-H Council Meeting @ 5:00 PM | 9  Cloverbud Day Camp @ 9 AM - 12 PM | 10  Chicken BBQ Day Camp at Warren CES @ 9-12 | 11 | 12 |
| 13 | 14  Baking Workshop @ 2:00 - 5:30 PM Drop-Off @ 1-5:30 PM | 15 Drop-Off @ 8AM-1 PM Livestock/Dairy/Poultry Shows 4 - H Fair | 16 Project | 17 Project Viewing - ALL DAY Showcase | 18 Project Viewing - ALL DAY Pick-Up @ 12-4 PM | 19 Country Ham Session @ 8 Shooting Sports Practice @ 9:30-11:00 AM |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29  Super Star Chef Camp @ 9 AM - 12 PM (both days) | 30  | 31  Teen Club Outing - HOLD | | |





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Chicken Burgers



Prep time: 10 minutes
Cook time: 10 minutes

- 1 pound 98% fat-free, ground chicken breast
- 1/4 cup barbecue sauce
- 1/2 cup green onions, finely chopped
- 1/4 cup celery, diced
- 1 teaspoon garlic powder (or 1 clove of garlic, minced)
- 1/4 teaspoon salt
- Nonstick cooking spray
- 4 whole-wheat hamburger buns
- 2 cups romaine lettuce, torn or shredded
- 1 large tomato, cut into 8 slices

Optional: 2 tablespoons cheese, such as blue cheese, feta, or shredded cheese

1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
2. In a medium bowl, combine chicken, barbecue sauce, green onion, celery, garlic powder, and salt.

3. Using wet hands (to prevent mixture from sticking), form chicken mixture into four 1/2-inch-thick patties. Wash hands with warm water and soap after handling raw poultry.
4. Preheat a large skillet over low to medium heat and spray with nonstick cooking spray.
5. Place burgers in the preheated skillet. Cook until burgers reach an internal temperature of 165 degrees F as measured on a meat thermometer, about 5 minutes per side.
6. To serve, place each burger on a bun. Top each with 1/2 cup shredded lettuce, 2 tomato slices, and optional 1/2 tablespoon of cheese.
7. Refrigerate leftovers within 2 hours.

Makes 4 servings
Serving size: 1 burger on bun with toppings
Cost per recipe: \$8.36
Cost per serving: \$2.09



This institution is an equal opportunity provider. This material was partially funded by USDA's Supplemental Nutrition Assistance Program — SNAP.

Nutrition facts

per serving:
300 calories; 3.5g fat; 0g saturated fat; 0g trans fat; 65mg cholesterol; 500mg sodium; 32g total carbohydrate; 1g fiber; 9g total sugar; 4g added sugars; 2 protein; 0% Daily Value of vitamin D; 10% Daily Value of calcium; 1% Daily Value of iron; 1% Daily Value of potassium

Source:

Andrea Wilde, NEP Area Nutrition Agent, University of Kentucky Cooperative Extension Service



Disability
accommodations
with price

