



**Allen County  
Cooperative Extension Service  
200 East Main Street  
Scottsville, KY 42164  
Phone: (270) 237-3146  
Fax: (270) 237-5716  
Web: <https://allen.ca.uky.edu/>**

**Monday—Friday  
8:00 a.m.—4:30 p.m.  
(With the exception of Holidays)**

**June/ July 2024 Newsletter**

## Message from 4-H Agent Anna:

### SCHOOL'S OUT FOR SUMMER!!!

Even though school is out for summer, 4-H is still going strong! This summer, we hope you will keep 4-H in mind.

During June & July, keep an eye out for 4-H Workshops, Camps, Conferences and more! We have several workshops to help prepare for 4-H Fair Project Showcase coming up SOON on July 15th - 19th. Entries accepted two days this year, July 15th & 16th.

New to 4-H and/or 4-H Showcase??? The opportunity to submit 4-H projects, win ribbons, make money and possibly advance to state fair is open to all 4-H members! Many of your club and/or workshop projects qualify. Take advantage of this opportunity by checking out the Fairbook for more info & to check out available projects.



*Anna Meador*

Anna Meador  
4-H Youth Development Agent



## This issue:

- Club Leaders Needed
- Pottery & Jewelry Workshop
- Loom Workshop
- Baking Workshop
- Chicken/Turkey BBQ Day Camp
- 4-H Showcase
- Ag-Academy
- Farm to Fork
- Livestock Shows
- Kentucky State Fair
- June Calendar
- July Calendar
- 4-H Summer Camp
- Fruit & Yogurt Frozen Treat

Keep updated with Allen County 4-H announcements throughout the month. Text the number, 81010, entering the following message: @d982c This will allow you to stay current with all announcements and reminders about club meetings, activities, opportunities and more!



Follow us at:  
Allen County 4-H  
Youth Development

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.



4-H NEWSLETTER

PAGE 01



Many of your favorite 4-H Clubs, wrapped up in April/May. We'll see you again in the Fall! Clubs to start again in October 2024.



## CALL FOR NEW/RETURNING 4-H CLUBS FOR 2024 - 2025

Interested in starting a new 4-H Club, contact Agent Anna!!! Clubs must be submitted no later than 8/1...



Specifically looking for leaders for: Cloverbud Club, Sewing Project Group, Natural Resources, and more!!!



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

# 2024 SHOOTING SPORTS CLUB



4-H Shooting Sports Program  
Archery, Rifle & Shotgun Disciplines  
Practice Dates

## SUMMER DATES

AT PARDUE FARMS - ALL PRACTICES @ 9:00 AM

- April 13th
- April 27th
- May 4th
- May 18th
- June 15th
- June 29th
- July 20th
- Aug. 10th
- Aug. 31st
- Sept. 7-8 - State Shoot

Questions? Call the Extension

Office (270) 237-3146





# 4-H WORKSHOPS



## 2 FOR 1 WORKSHOP JUNE 26TH @ 9 - 11:30 AM

- **LOCATION: EXT. OFFICE - LARGE RM**
- **AGES: 9-18**
- **COST: \$5 TOTAL**
- **RSBP BY 6/21, CALL 270-237-3146**

### POTTERY WORKSHOP

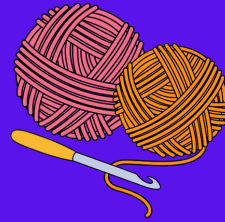
#### PART 1



### JEWELRY PART 2



## LOOM WEAVED POTHOLDER



- **DATE: JULY 11TH**
- **TIME: 9:00 - 11:30 AM**
- **COST: \$5**
- **AGES: 9-18**
- **CALL TO REGISTER BY 7/5: 270-237-3146**



# BAKING

Workshop & Baked Good Fair Submissions

## JULY 15TH

- Time: 9 AM - 12 PM
- Location: Ext. Office - Large Rm.
- Ages: 5-18, limited to 1st 16
- Cost: \$5.00
- Call 270-237-3146 to Register by 7/8

### Bake & Submit to Showcase:

- Snickerdoodle Cookies
- Cornmeal Muffins



# Chicken/Turkey BBQ Day Camp

June 27, 2024

1pm - 4pm

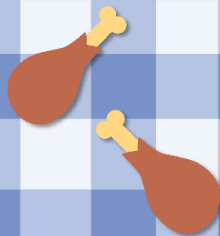
Warren County Extension Office

Participants will be doing the following:

- 1) Learning about the Kentucky Chicken/Turkey BBQ Contest that will be held on July 27, 2024
- 2) Participants will get to grill 2 chicken thighs and turkey burgers
- 3) Eat what you cooked!



- Limited to 20 participants (first come first serve)
- Registration Deadline: June 21st
  - RSVP at 270-237-3146
  - FREE
  - For ages 9 - 18
  - All supplies provided



Presented by Allen County Extension Agent for 4-H Youth Development



# ALLEN COUNTY 4-H Project SHOWCASE



## 4-H PROJECT CHECK-IN:

MONDAY, JULY 15, 2024  
1:00 P.M. - 5:30 P.M.  
AND TUESDAY, JULY 16TH, 2024  
8 A.M. - 1 P.M.



## PUBLIC PROJECT VIEWING:

THURSDAY, JULY 18, 2024  
8:00 A.M. - 4:30 P.M.  
AND FRIDAY, JULY 19TH, 2024  
8:00 A.M. - 12:00 P.M.



## 4-H PROJECT CHECK-OUT:

FRIDAY, JULY 14TH, 2023  
12:00 P.M. - 4:00 P.M.

### 4-H Members may have already created these through these 4-H activities:

- Workshops
- Club Activities
- Create-at-Home  
(Create these at home through At Home Learning!)

### Why submit your 4-H Projects???

Not only do you get to show off your awesome talents for the community to see, but you also:

- Win ribbons based upon performance
- Receive premium money for your ALL your submissions.
- Compete to advance to State Fair Cloverville



## ALLEN COUNTY 4-H Project SHOWCASE

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6015: 4-H Horticulture .....	pg 8
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6018: 4-H Crops Project .....	pg 11
6022: 4-H Land Judging and Home Site Evaluation .....	pg 14
6025: 4-H Lawn Tractor Operators Contest .....	pg 17
6026: Ecology, Natural Resources .....	pg 18
6027: 4-H Forestry .....	pg 19
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**Check out our 4-H Fairbook Online at:**  
<https://allen.ca.uky.edu/4-h-project-fairbook>

NOTE: "Floral Hall" will now be recognized as our "4-H Project Showcase"





**2024**

# AG-ACADEMY

**Cost: \$90.00**

*(covers 5 meals + hotel + travel)*

**Call Extension Office to Enroll at 270-237-3146 by July 9th**

**Spaces limited to 1st EIGHTEEN youth ages 9-18**

**Cloverbuds may attend Day 1 with Parent Chaperone**

**Tues. July 23rd (@ 8:00 AM - 4 PM)**

**Location: Extension Office & Off-site Tours**

**Day 1**



**FIELD TRIP**

*to*

**Local Farms**

- Intro to Local Ag Lesson
- Local Day Field Trips to: Various Mennonite Community Farms and Peach Tree Farms
- Lunch at Habegger's Market Place

**PEACH TREE**

**Farm & Greenhouse**



**Wed. July 24th (Meet @ 7:30 AM)**

**Thurs. July 25th (Return @ 4:00 PM)**

**Location: Drop Off & Pick-up at Extension Office**

**Day 2 & Day 3**



**FIELD TRIP**

*to*

**Red River Gorge**

- Overnight Field Trip to Red River Gorge Region
- Horseback Trail Riding
- Overnight Stay in a Cabin
- Explore Red River Gorge through a guided Nature Hike



**!!! 4-H MEMBER & PARENT HELP NEEDED !!!**

**PROCEEDS GO TO SUPPORT ALLEN COUNTY 4-H.  
CONTACT AGENT ANNA BY 8/15, IF WILLING TO HELP.**

**HELP!**



**TICKETS COMING SOON**

**University of Kentucky**  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

**ALLEN COUNTY**  
**FARM to Fork**  
Event

**August 30th, 2024**  
at Peach Tree Farm & Greenhouse

**FARM TO FORK - AGRICULTURE APPRECIATION EVENT**

- 6:30 PM - LOCAL FARM TO FORK DINNER
- 7:40 PM - "THANK A FARMER" PRESENTATION

**EVENT OPEN TO THE ENTIRE COMMUNITY!!!**

**\$30/TICKET OR TABLE SPONSOR OPTIONS** (See Page 2)

**TICKETS AVAILABLE FOR PURCHASE THROUGH ALLEN COUNTY EXTENSION**

Address: 200 East Main St.  
Phone: (270) 237-3146

**Limited Tickets, Only 150 available!!!**

Locally sourced meal, including your choice of Beef Brisket, Pork Chop or Chicken Breast.  
Full menu to be announced...

Ticket Sales Support Local Farms, with Ticket Proceeds going towards Allen Co. 4-H



2024



# ALLEN COUNTY LIVESTOCK SHOWS

Contact Allen County Extension Office @ 270-237-3146 for more info.

ALL ANIMAL SHOWS - JULY 16TH, 2024

## Offering Dairy Cattle, Youth Poultry, Market Sheep, Market Swine, Market Goats & Beef Cattle Shows

Allen County Fair Grounds  
750 Rediger Drive, Scottsville, KY 42164

### TUESDAY, JULY 16TH

- Dairy Cattle Check-in @ 8 AM
- Dairy Cattle Show begins @ 9 AM

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- Youth Poultry Show begins @ 3 PM

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- Market Sheep & Goat Weigh-in @ 5:30 PM
- Market Sheep & Goat Show begins @ 6:00 PM

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- Market Swine & Cattle Check-in @ 6:30 PM
- Market Swine Show begins @ 6:45 PM
- Beef Breeding Show begins @ 7:00 PM

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**\*\*\*Species Show Order (Evening):  
Market Lambs, Market Goats, Swine & Beef Cattle**

**\*MARKET SHOWS OPEN TO YOUTH, BREEDING SHOWS OPEN TO YOUTH/ADULT SHOWERS**



COME ON!!!  
COME ALL!!!

2024

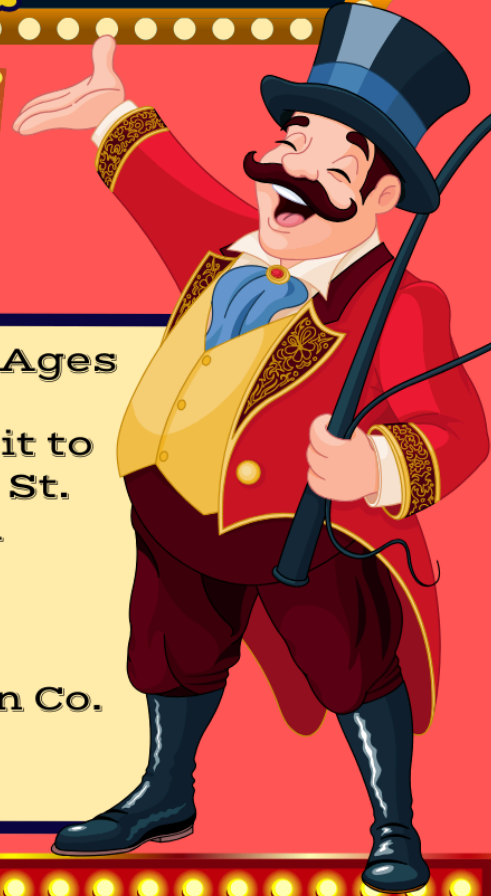
# 4-H Summer Camp



## CIRCUS

### July 1 - 5, 2024

- Open to Allen County Youth Ages 9-15, Teen Ages 16-17 and Adult Chaperones Ages 18+
- To Register, return Camp Form & \$50 Deposit to Allen Co. Extension Office at 200 East Main St.
- Final Camper Fees due to Ext. Office by 5/31
- For more Info: Call (270) 237-3146 or Email: allen.ext@uky.edu
- Fundraising Opportunity begins: 4/15
- Camp with Allen, Simpson, Warren & Hardin Co.
- Forms Available online at: [https://allen.ca.uky.edu/4h\\_forms](https://allen.ca.uky.edu/4h_forms)



5 Day  
4 Night  
Camp at  
West KY  
4-H Camp

## 4-H Summer Camp Fees

- Early-Bird Special: \$200 (for First 50 Campers)
- Sibling Rate: \$20 Discount per additional camper
- Regular Fee: \$300 (Apples After 1st 50 and/or 4/30, whichever comes first)
- Teen Rate (Ages 16 & 17): \$130
- Adult Chaperones (Age 18+): FREE





2024

# 4-H Summer Camp



CIRCUS

## 4-H Camp Orientation Tuesday June 18th

### Camper Orientation - 6/18 @ 6:30 - 8 PM

- Required for all Campers
- Preferred in-person attendance, but recording available upon request for those who are not present at in-person orientation.
- Pick Camp Classes
- See Cabin Sheets & Meet fellow campers
- Learn what to pack & when to be there.

### Volunteer Orientation - 6/18 @ 5-6:30 PM

- Required for all Volunteers
- Preferred in-person attendance, but recording available upon request for those who are not present at in-person orientation.
- Required to attend and/or watch recorded Camper Orientation for Training requirements as well.





4-H FAMILIES CAN ORDER DISCOUNTED STATE FAIR TICKETS TO VISIT THEIR 4-H PROJECTS FOR \$4 EACH, FOR EACH 4-H MEMBER + 1 PARENT. **CALL OFFICE & PAY BY 7/28. CALL 270-237-3146**

FIND FULL STATE FAIR SCHEDULE AT:  
[HTTPS://KYSTATEFAIR.ORG/LIVESTOCK-EXHIBITOR-INFO/#2023-LIVESTOCK-SCHEDULE](https://kystatefair.org/livestock-exhibitor-info/#2023-livestock-schedule)

Monday, August 12 <i>Agents Only</i>	Cloverville Project Check-in and judging	8:00 8:30 am – 9 am 9:15 am – 9:45 am 10 am – 10:30 am 10:45 am – 11:15 am 11:30 am – 12:00 pm 12 pm 12:15 am – 12:45 am 1 pm 4:30 pm	Cloverville Superintendents & Asst. arrive. Central 5, 6, 3 & 4 enter projects. Central 7, 8, 1 & 2 enter projects. East 1, 2, and Western 6 & 8 enter projects. East 7 & 8 and Western 5 & 7 enter projects. East 3 & 5 and Western 3 & 4 enter projects. Lunch is Provided for those working. East 4 & 6, West 1 & 2 enter projects. Judging Begins Superintendents dismiss assistants for the day	Cloverville
Tuesday, August 13 <i>Agents Only</i>	Cloverville Project Judging and Display Days	8:00 am 8:30 am – 9 am 12 pm 4:30 pm	Cloverville Superintendents & Asst. arrive Judging Continues / Display Begins Lunch is Provided for those working Superintendents may dismiss after judging & display are complete and approved by Dr. Hilpp	Cloverville
Wednesday, August 14 <i>Agents Only</i>	Cloverville Country Ham Check-in	9 am 1 pm 6 pm	State Officers display champions. Set up tables for Country Hams Country Hams are accepted. Cloverville closed	Cloverville
Thursday, August 15	Opening Day Country Ham Day	6:30 am 8:00 am 8:30 am 8:00 am	Commodity Breakfast/ 4-H Ham Auction 4-H Country Ham Judging – Registration 4-H/FFA Dairy Cattle Show Ayrshire, Brown Swiss, Guernsey & Milking Shorthorns Poultry Showmanship Check-in	Commodity South Wing Broad Bent Pavilion Pavilion

Date	Major Program Day	Detail Schedule	All Events are Eastern Standard Time	
Thursday, August 15		9:00 am 9:30 am 10 am 1 pm 1 pm 1:30 pm 4:00 pm 5:30 pm 8 pm	Dairy Goat Show 4-H Country Ham Judging/ Speeches 4-H Civics Bowl Showcase 4-H Poultry Showmanship 4-H Lifesmarts Competition 4-H/ FFA Dairy Cattle Judging Contest Livestock Judging Contest Country Ham Awards Cloverville Closed	South Wing Cloverville Pavilion Cloverville Broadbent Broadbent 2 <sup>nd</sup> Flr Southwing
Friday, August 16	4-H Entrepreneurship Day	7:00 am 7:30 am 8:30 am 8:30 am 10 am 10 am 9:30 am 11:00 am 12:30 pm 1 pm 4 pm 6 pm 9 pm	4-H Foundation Breakfast (Invitation Only) Poultry Judging Contest Check-in Poultry Judging Contest 4-H/FFA Dairy Cattle Show Holstein, Red & White Jersey Land Judging Contest Entrepreneurship Showcase Rabbit Show Check-in Rabbit Show Avian Bowl Check-in Avian Bowl Land Judging Awards Avian Bowl Awards Cloverville Closed	Cloverville West Wing West Wing Broadbent  TBA- Offsite Cloverville Rabbit Pav. Rabbit Pav. Cloverville Cloverville New Market Cloverville
Saturday, August 17	4-H Camp Day	10 am 9 pm	4-H Camp Showcase Cloverville Closed	Cloverville Cloverville
Sunday, August 18	International Day	10 am 8 pm	4-H International Program Showcase Cloverville Closed	Cloverville
Monday, August 19	Kentucky 4-H Military Programs	9:30 am 10 am 10 am 1 pm 1 pm 4 pm 8 pm	Horticulture Contest Check-in 4-H Showcase Horticulture Contest Lawn Tractor Contest Horticulture Contest Awards Goat Showmanship, Commercial Doe Show Cloverville Closed	Cloverville Cloverville South Wing Gate 4 Cloverville
Tuesday, August 20		10 am 1 pm 1:30 2 pm 4 pm 4 pm 8 pm	KY 4-H Showcase 4-H Tractor Driving Contest Sheep Showmanship Novice Swine Showmanship/Novice Swine Breeding Gilt Show Market Goat Show Cloverville Closed	
Wednesday, August 21	Agriculture and Natural Resources Day	8:00 am 8:30 am 9am 10 am 12:30 pm	Market Beef Beef showmanship to follow Sheep exhibitors meeting Swine showmanship Natural Resources Showcase Market lambs	

Thursday, August 22	Communications Champions/ Country Ham Recipe Contest Day	3 pm 8 pm 7 am 8 am 8 am 10 am 10 am 6:30 pm	Swine Exhibitors Meeting Cloverville closed Farm Bureau Ham Breakfast (Tickets only) Market Hog show Heifer Show Country Ham Recipe Contest 4-H State Communications Day Champions Champion Drive	Broadbent South wing Swine Barn Broadbent Cloverville Cloverville Broadbent
Friday, August 23	SET Day	10 am 12 pm 9 pm	Science Engineer and Tech Robotics Competition Novice Swine Showmanship Novice Market Swine Cloverville Closed	Cloverville Swine Barn Swine Barn
Saturday, August 24	FCS Day	10 am 2:30 pm 9 pm	Cup Cake Wars Cup Cake Wars Awards Cloverville Closed	Cloverville
Sunday, August 25	Closing Day	10 am 6 pm	Cloverville Open Family Consumer Sciences Bowl Cloverville Closed – Takedown Begins	Cloverville



# JUNE 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 <b>Sewing Project Group @ 1-4 PM</b>	4 <b>Sewing Project Group @ 1-4 PM</b>	5	6	7	8 <b>Country Ham Session #2 @ 8 AM</b>
9	10	11 <b>4 - H Teen Conference</b>	12	13	14	15 <b>Shooting Sports Practice @ 9 AM</b>
16	17	18 <b>4-H Camp Orientation 6:30-8:00 PM</b>	19 <b>JUNE TEENTH Office Closed</b>	20 Register for Jewelry/Pottery	21 <b>Cloverbud Camp</b>	22
23 <b>Cloverbud Camp</b>	24	25	26 <b>Jewelry &amp; Pottery Workshop @ 1-4 PM</b>	27 <b>Area Chicken BBQ @ Warren @ 1 PM</b>	28 <b>4-H Camp Lice Check 3-6 PM</b>	29 <b>Shooting Sports Practice @ 9 AM</b>
30						

# JULY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>Meet by 7:30, Depart by 8 AM</b>	2	3	4 <b>HAPPY 4<sup>th</sup> of July</b>	5 Register for Loom Workshop <b>Return by 1:30 PM</b>	6
7	8 Register for Baking Workshop	9 Register for AG Academy <b>4-H Council Meeting @ 5:15 PM</b>	10	11 <b>Loom Weaved Potholder Workshop @ 9 AM</b>	12	13 <b>State Comm. Contest Jessamine Co.</b>
14	15 <b>Baking Workshop @ 9 AM - 12 PM</b> <b>4-H Project Check-In 1:00 PM - 5:30 PM</b>	16 <b>4-H Project Check-In 1:00 PM - 5:30 PM and Livestock Show.</b>	17	18 <b>Public Project Viewing 8:00 AM - 4:30 PM</b>	19 <b>Public Project Viewing 8:00 AM - 4:30 PM</b> <b>4-H Project Check-Out 12:00 PM - 4:00 PM</b>	20 <b>Shooting Sports Practice @ 9 AM</b>
21	22	23 <b>A g A c a d e m y</b>	24	25	26	27 <b>State Chicken BBQ/ Egg Demo Contest</b>
28	29	30	31 <b>Horticulture Judging Workshop/Contest</b>			

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## Fruit and Yogurt Frozen Treat

- 1 cup blueberries
- 1 cup strawberries
- 3/4 cup fat-free yogurt

1. Rinse 1 cup blueberries in cold water, drain and place in a self-closing sandwich bag.
2. Rinse 1 cup strawberries under cold tap water and drain. Cut off the top of each strawberry, chop into medium pieces and place in another sandwich bag.
3. Remove any excess air while closing each sandwich bag tightly.
4. Lightly mash each bag until the berries are puree.
5. Evenly divide blueberries between four individual popsicle or paper cup molds and freeze 30 minutes (or until they are firm).
6. Evenly divide the yogurt on top of the blueberries and insert a wooden stick. Freeze 30 minutes (or until firm).
7. Evenly divide the strawberries on top of the frozen yogurt and freeze again

for 30 minutes (or until firm).

**Produces 4 servings Size of**

**Portion:**

1 frozen surprise

**Nutritional Analysis:**

80 calories, 0 g fat, 0 g saturated fat, 0 mg cholesterol, 35 mg sodium, 16 g carbohydrate, 2 g fiber, 13 g sugar, 3 g protein; Daily Values: 2% vitamin A; 50% vitamin C; 10% calcium; 2% iron.

*\*You can use thawed berries or other fruits in this recipe.*